



Updated: 2019 Saints Soccer Camp Packing Checklist

All Campers: Did you remember to bring:

- Soccer Shoes (indoor and outdoor)
- Swim Suit or extra change of clothes & towel for water activity (either Wednesday or Thursday)
- Sunscreen (**please no aerosol**)
- Bug spray (**lotion type is better than aerosol**)
- Spending money for the Cafe at night and Camp Store
- Shin guards, Soccer Socks
- T-shirts (No crop tops, cut-offs, tank tops, spaghetti straps, etc. shoulders should be covered, as campers bodies will get way too much sun!)
- Socks
- Shorts

Residents: Also, did you remember to bring:

- Toiletries (Soap, Shampoo, Toothpaste, Toothbrush)
- Towel, Washcloth, Shower Shoes (community bathrooms)
- Pillow, Pillow Case
- Bed Sheets (Twin bed size)
- Blanket or Sleeping Bag
- Pajamas and undergarments
- T-shirts (No crop tops, cut-offs, tank tops, spaghetti straps, etc. as campers bodies will get way too much sun!)
- Socks
- Shorts

Suggestions what NOT to bring:

Cell Phones: Everyone today has a cell phone, but campers will not be allowed to bring their cell phones to training sessions nor games at night. A common phone is available in the Dorm lobby. Counselors and Coaches can be reached in case of an emergency.

Music Devices: A lot of musical devices are very expensive and we do not want anyone losing or misplace them, or any other expensive technical devices.

Prohibited Items – Do NOT bring:

- Lava lamps or any other type of glass, breakable lamp, or light (Lamps are not needed).
- Glass bottles or glass containers of any kind.
- Aerosol cans of any kind that can set off the fire alarms.
- Any type of ball (soccer ball, kickball, tennis ball, baseball, or softball, etc.) Any balls or athletic equipment will be provided by Saints Soccer Camp. Please do not bring any extra athletic equipment brought into the dorms.